

Supplementary

Table S1. Results of analysis of variance with repeated measures for evaluate of psychological distress score and psychosomatic symptoms in integrative therapy and control group

Scale	Source of effect	Total squares	Average degree of freedom	Squares	F	P
Psychological distress	Time	560.333	1	560.333	92.282	0.001
	Group	1120.222	1	1120.222	10.071	0.004
	Time* Group	290.083	1	290.083	22.565	0.001
	Error	133.583	21	6.072		
psychosomatic symptoms	Time	266.021	1	266.021	14.025	0.001
	Group	1035.125	1	1035.125	2.394	0.136
	Time* Group	204.187	1	204.187	10.765	0.003
	Error	417.292	21	18.968		